

COURSES ACCEPTED AS MEETING THE COACHES' CPR/AED REQUIREMENT
Revised April 2023

CARDIOPULMONARY RESUSCITATION (CPR)/ AUTOMATIC EXTERNAL DEFIBRILLATOR (AED)

All cards and/or certificates must be renewed per certifying agency requirements

COMPLETELY ONLINE COURSES ARE NOT ACCEPTED.

ALL COURSES MUST INCLUDE HANDS ON LEARNING.

Please note: Review courses are only accepted with proof of taking initial course. Participant must possess a current certificate(s) (or equivalent) in order to take a review course. Challenge courses are not accepted by NYSED.

1. New York State Education Department (NYSED)

An approved agency that offers CPR using the SED course outline and time requirements: 2.5 hours initial; 1.5 hours update (must be renewed every 2 years to be valid). Reference the Department's [Approved Coaching Courses Information webpage](#).

2. American Heart Association Courses (AHA) Core Courses - May include RQI credentials in addition to core course name

- Advanced Cardiac Life Support (ACLS)
- Basic Life Support (BLS)
- Heartsaver CPR/AED (title may include pediatric, K-12 schools, or first aid)

3. American Lifeguard and Safety Training

Course Name	Certificate Name
Lifeguarding	Lifeguard, CPR/AED, First Aid
Lifeguarding, Waterfront	Lifeguard, Waterfront, CPR/AED, First Aid
Shallow Pool Lifeguarding	Shallow Pool Lifeguard, CPR/AED, First Aid
Lifeguarding Recertification	Lifeguard, CPR/AED, First Aid Recertification
Lifeguarding, Waterfront Recertification	Lifeguard, Waterfront, CPR/AED, First Aid Recertification
Shallow Pool Lifeguarding Recertification	Shallow Pool Lifeguard, CPR/AED, First Aid Recertification
CPR/AED	CPR/AED for BLS Providers
CPR/AED	CPR/AED for Professionals
CPR/AED	CPR/AED for Lifeguards
CPR/AED, First Aid	CPR/AED, Advanced First Aid

4. American Red Cross Core Courses (additional course modules may be on card, but only the core course is considered for acceptance)

- Adult CPR/AED (Note: For high school level coaches only)
- Adult & Child CPR/AED
- Adult & Pediatric CPR/AED
- Basic Life Support for Health Care providers (BLS)
- CPR/AED for Professional Rescuers and Health Care Providers
- CPR/AED for Professionals (title may or may not include the term "rescuer")

Courses Accepted as Meeting the Coaches First Aid and CPR/AED Requirements

- Emergency Medical Response
 - Lifeguarding/First Aid/CPR/AED
 - Responding to Emergencies Adult First Aid/CPR/AED (Note: for high school level coaches only)
 - Responding to Emergencies Adult and Child First Aid/CPR/AED
 - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED
 - Shallow Water lifeguarding (up to 5 ft)/First Aid/CPR/AED
- 5. American Safety & Health Institute (ASHI)**
- Adult CPR/AED (For High School level Coaches only); Adult and Child CPR/AED; or Adult, Child and Infant CPR/AED
- 6. Emergency Care & Safety Institute (ECSI)**
- First Aid, CPR and AED
 - Health Care Provider CPR & AED
 - Sports First Aid & Injury Prevention-NYS Coaches
- 7. National Safety Council (NSC)**
- Adult and Child CPR & AED ; or Adult, Child and Infant CPR/AED
 - Advanced First Aid, CPR, and AED
 - BLS Healthcare and Professional Rescuer
- 8. ProTrainings**
- Adult, Child, and Infant CPR/AED
 - Adult, Child, and Infant, Pediatric CPR/AED & First Aid
 - Adult CPR/AED
 - Healthcare Provider (BLS) Adult, Child and Infant CPR/AED Adult, Child, and Infant CPR/AED + First Aid
 - Adult CPR/AED + First Aid
 - Healthcare Provider (BLS) Adult, Child, Infant CPR/AED + First Aid
- 9. Starguard Elite**
- Starguard Lifeguarding
- 10. NYS Department of Health (DOH) Bureau of Emergency Medical Services**
- Certified First Responder